

**Roosevelt High School**  
6600 West 41<sup>st</sup> Street  
Sioux Falls, SD 57106  
(605) 362-2866



**Steve Moore**  
**Activities Director**  
(605) 881-9044 Cell  
(605) 362-2883 Fax  
steve.moore@k12.sd.us

**JV Metro Conference Track and Field Meet**  
**Friday, April 16<sup>th</sup>, 2021 – 3:00PM (Javelin)/4:00 PM (All Other Events)**  
**Howard Wood Field**

**ROSTERS/NUMBERS/ENTRIES:**

Here is the link for the entries for this year. It will be on Athletic.net.

<https://www.athletic.net/Help/Track.aspx?Meet=423934>

Entry deadline will be **Wednesday, April 14 at 6:00 PM**. If questions, please contact Erik VanLaecken at [vanlaecken48@hotmail.com](mailto:vanlaecken48@hotmail.com)

**Entry Limitations:**

\*\*Individual Running Events – Unlimited entries within reason

\*\*Field Events – Unlimited entries within reason

\*\*Relay Events – Limit of 2 per school

\*\*\*\***Athletes should be competing in ONLY the events that they have been practicing.**\*\*\*\*

**MEET OFFICIALS:**

Starter/Referee: Eric Foss and Marc Murren

**MEET SCORING:**

The event will be scored.

**TEAM ENTRANCE: Please do not arrive until 2:00PM – facility will be open at that time.**

Please refer to the maps document with this information for bus parking and team entrance.

**CAMPS:**

No camps will be set-up on the infield – only active participating team personnel on the infield. Please refer to the maps document with this information for the areas to set up team camps. Please pick up any garbage and throw in the garbage cans found around the facility and clean up your camp area at the end of the meet. No sunflower seeds on the FB field!! We ask that the shot put and discus be thrown only in designated areas. Throwing footballs, baseballs, or frisbees in or around the track complex will not be allowed.

### **GENERAL INFO:**

Spikes should be 3/16<sup>th</sup> inch only. Cut tennis balls will be provided for relays...no tape on the track please! Implements will be weighed prior to the meet in the Storage Room of the Fieldhouse (located on the southwest side of the Fieldhouse). Please weigh-in your pole vaulters at your home school prior to arriving at the meet. Locker rooms will not be provided. Please arrive dressed and ready to go. Restrooms will be available near the track that can be used for athletes and team personnel.

If you have questions, please contact Jason Wagoner (RHS Track Head Coach) at [jason.wagoner@k12.sd.us](mailto:jason.wagoner@k12.sd.us)

### **SDHSAA TRACK MODIFICATIONS:**

- **Masks are expected for coaches, team personnel, and athletes that are not actively participating in the contest. Masks are expected for those waiting to compete.**
- Athletes, Coaches, and Officials should bring their own water/water bottle
- Hand sanitizer shall be available for athletes/coaches/officials/workers to use
- All coaches, team personnel, and athletes should be screened, by their respective staff, prior to departure from your school.
- Athletes, coaches, and officials are expected to leave the facility immediately upon completion of the event. No mingling after the meet with others.

The screening procedure for **team members** will be documented and consist of the following questions:

- |                |   |
|----------------|---|
| Yes ___ No ___ | Temperature 100.4 degrees Fahrenheit or higher  |
| Yes ___ No ___ | Sore throat   |
| Yes ___ No ___ | New uncontrolled cough that causes difficulty breathing   |
| Yes ___ No ___ | Diarrhea, vomiting, or abdominal pain   |
| Yes ___ No ___ | New onset of severe headache, especially with a fever   |
| Yes ___ No ___ | Has the student or staff been identified as having COVID-19, and not been cleared by the SD Dept. of Health for return to work and school?                    |
| Yes ___ No ___ | Has the student or staff been identified as a close contact to a confirmed COVID-19 case (15 minutes or more within 6 feet or less) within the last 14 days?* |

If you answer Yes to any of the above...**DO NOT attend this event and contact your healthcare provider.**

### **SPECTATOR GUIDELINES:**

- All spectators are asked to self-screen prior to attending this event (see above questions) if there is a "yes" answer to any screen questions – DO NOT attend the event.
- Spectators are expected to follow 6 ft Social Distancing Guidelines
- **Spectators are expected to wear masks**
- Game programs will not be available
- No gathering, loitering, socializing, or tailgating will be allowed before, during or after the event.
- Spectators are expected to leave the facility immediately upon completion of the event. No mingling after the meet with parents/fans/coaches/players
- Spectators are coming at their own risk. We ask and encourage all spectators to adhere to and follow the COVID Guidelines to ensure the health and safety of all.
- All fans, event staff, coaches, directors, and student participants will vacate the facility immediately upon completion of the event.

**ADMISSION:**

All schools will receive 2 spectator wristbands per athlete/team member that is competing on this date. There will be no admission cost, but all spectators must have wristband on and visible to be able to be a spectator at the meet. Spectators should not arrive until 2:30PM at the earliest for this event.

**WATER/ICE:**

Water is available. No coolers are provided.

**ATHLETIC TRAINER:**

There will be an Athletic Trainer on duty provided by Sanford.

**CONCESSIONS:**

Concessions will not be available.

**MEET SCHEDULE**

**COACHES MEETING (3:45PM – Infield)**

**Running Events: 4:00PM** (Rolling Schedule)

- Girls/Boys 3200 Meter Relay
  - \*Run Together if number of teams warrants
- Girls 100 Meter Hurdles
- Boys 110 Meter Hurdles
- Girls 100 Meter Dash
- Boys 100 Meter Dash
- Girls 800 Meter Relay
- Boys 800 Meter Relay
- Girls 1600 Meter Run
- Boys 1600 Meter Run
- Girls 400 Meter Relay
- Boys 400 Meter Relay
- Girls 400 Meter Dash
- Boys 400 Meter Dash
- Girls 300 Meter Hurdles
- Boys 300 Meter Hurdles
- Girls 1600 Sprint Medley Relay
  - \*Run together if number of teams warrants
- Boys 1600 Sprint Medley Relay
- Girls 800 Meter Run
- Boys 800 Meter Run
- Girls 200 Meter Dash
- Boys 200 Meter Dash
- Girls/Boys 3200 Meter Run \*Run Together
- Girls 1600 Meter Rely
- Boys 1600 Meter Relay

**Field Events: 3:00PM(Javelin)/4:00PM (All Other Field Events)**

- \*Javelin Run Concurrently
- \* Girls Shot Put followed by Boys Shot Put
- \* Boys Discus followed by Girls Discus
- # Boys Long Jump followed by Girls Long Jump
- Girls High Jump followed by Boys High Jump
- # Girls Triple Jump followed by Boys Triple Jump
- Pole Vault Run Concurrently

\*= Three Throws

#= Three Jumps